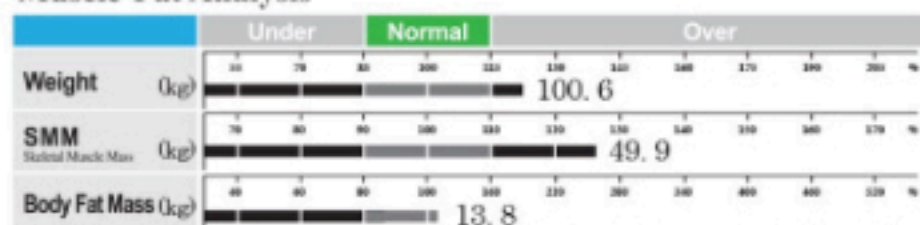


ID	Height	Age	Gender	Test Date / Time
1136035	193cm	38	Male	21. 07. 2016 20: 58

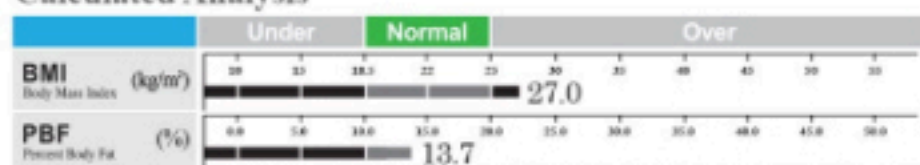
## Body Composition Analysis

Total amount of water in body	<b>Total Body Water</b>	(L)	63.6	( 46.1 ~ 56.3 )
For building muscles	<b>Protein</b>	(kg)	17.3	( 12.3 ~ 15.1 )
For strengthening bones	<b>Minerals</b>	(kg)	5.94	( 4.27 ~ 5.21 )
For storing excess energy	<b>Body Fat Mass</b>	(kg)	13.8	( 9.8 ~ 19.7 )
Sum of the above	<b>Weight</b>	(kg)	100.6	( 69.6 ~ 94.2 )

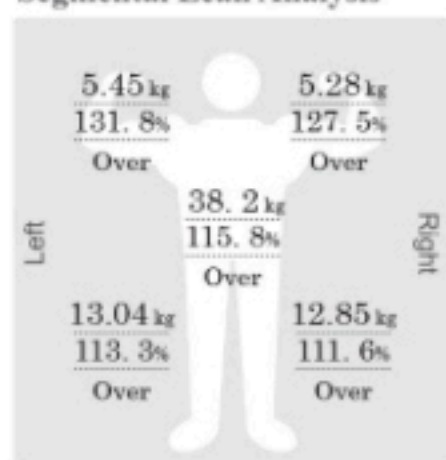
## Muscle-Fat Analysis



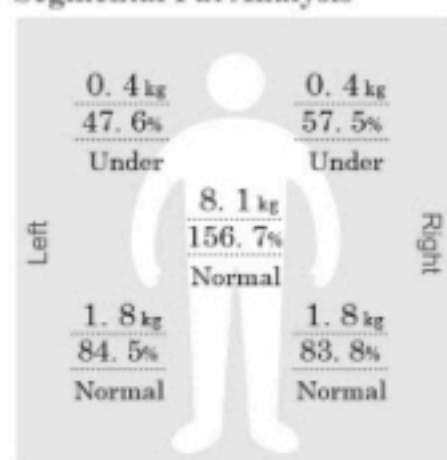
## Calculated Analysis



## Segmental Lean Analysis



## Segmental Fat Analysis



## Body Composition History

<b>Weight</b> (kg)	100.6				
<b>SMM</b> (kg)	49.9				
<b>PBF</b> (%)	13.7				
	21. 07. 14				
	20: 58				

Recent  Total

## InBody Score

97/100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

## Weight Control

Target Weight	100.6 kg
Weight Control	0.0 kg
Fat Control	0.0 kg
Muscle Control	0.0 kg

## Nutrition Evaluation

Protein	<input checked="" type="checkbox"/> Normal	<input type="checkbox"/> Deficient
Minerals	<input checked="" type="checkbox"/> Normal	<input type="checkbox"/> Deficient
Body Fat	<input checked="" type="checkbox"/> Normal	<input type="checkbox"/> Deficient <input type="checkbox"/> Excessive

## Body Balance Evaluation

Upper	<input checked="" type="checkbox"/> Balanced	<input type="checkbox"/> Slightly Unbalanced	<input type="checkbox"/> Extremely Unbalanced
Lower	<input checked="" type="checkbox"/> Balanced	<input type="checkbox"/> Slightly Unbalanced	<input type="checkbox"/> Extremely Unbalanced
Upper-Lower	<input checked="" type="checkbox"/> Balanced	<input type="checkbox"/> Slightly Unbalanced	<input type="checkbox"/> Extremely Unbalanced

## Waist-Hip Ratio

0.89

## Visceral Fat Level

Level 6

## Research Parameters

Skeletal Muscle Mass	49.9 kg	( 35.5 ~ 43.3 )
Fat Free Mass	86.8 kg	
Basal Metabolic Rate	2245 kcal	
Waist-Hip Ratio	0.89	( 0.80 ~ 0.90 )
Waist Circumference	95.2 cm	
Recommend calorie intake	3232 kcal	

## Calorie Expenditure of Exercise

Golf	177	Golfball	191
Walking	201	Yoga	201
Badminton	227	Table Tennis	227
Tennis	302	Bicycling	302
Boxing	302	Basketball	302
Mountain Climbing	328	Jumping Rope	352
Aerobics	352	Jogging	352
Soccer	352	Swimming	352
Japanese Fencing	503	Racketball	503
Squash	503	Taekeondo	503

\*Based on your current weight

\*Based on 30 minute duration

## Impedance

	RA	LA	TR	RL	LL
Z <sub>0</sub> 20 kHz	270.3	259.3	18.7	249.6	238.6
100 kHz	234.0	225.0	15.2	221.5	211.8